

ABC Organization 401(k) Plan

Contract Number: 99999-999

Plan ID: 9999

John Sample

Account access available 24 hours a day, seven days a week.

& Call TransDirect: 800-401-8726

* Visit: www.TA-Retirement.com



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Statement Period: Jan 01, 200X to Mar 31, 200X

Account Summary

	Jan 1 – Mar 31	Year to Date
Beginning Balance	55,000.00	55,000.00
Additions		
Employee Contributions	Dynamic	Dynamic
Employer Contributions	Dynamic	Dynamic
Rollover Contributions	Dynamic	Dynamic
Reallocated Forfeitures	Dynamic	Dynamic
Loan Payments	245.00	245.00
Subtotal	57,245.00	57,245.00
Reductions		
Withdrawal	1,000.00	1,000.00
Loans	Dynamic	Dynamic
Forfeitures	Dynamic	Dynamic
Subtotal	56,245.00	56,245.00
Gain/Loss*	300.00	300.00
Ending Balance	56,545.00	56,545.00
Vested Balance**	56,545.00	56,545.00

You are currently **60%** vested in Employer **Matching** Contributions
 You are currently **40%** vested in Employer **Profit Sharing** Contributions
 For additional money source information, please visit www.TA-Retirement.com

* Includes assessed fees for the period

** Vesting indicates your ownership in your account and is figured based upon the most recent information received

Message Center

For additional plan account information, please visit www.TA-Retirement.com.

Projected Benefit at Retirement

Projected Monthly Income **\$ 1,000.00**

Based on the Ending Balance of this statement, if you retire at age 65 in year 20XX, your projected account value will be \$XXX,XXX and your projected monthly income will be \$XX,XXX. *This projection is based on the following assumptions: 6.25% annual rate of investment return, 3% annual rate of inflation, and end of retirement at age 90.* Among the ways to increase your benefit at retirement are regularly saving through payroll contributions and by increasing the amount you contribute each year to the plan. The amount shown is hypothetical and does not reflect the actual return of any specific investment and is not intended to imply or guarantee future results.

Personal Rate of Return

For the reporting period 01/01/07-03/31/07 = x.xx%

For the Plan Year to Date = x.xx%

Your Personalized Rate of Return (PRR) represents the specific performance of the investment choices you have selected. The PRR calculates the percentage change of your account balance by weighting all activity included in the reporting period. The calculation considers contributions, transfers, withdrawals, expenses, and the changes in value credited during the reporting period.

Loan Activity Summary

Beginning Balance*	Granted/Distributed	Payments**	Principal	Interest	Ending Balance
10,000.00	2,000.00	200.00	25.00	175.00	11,800.00

* The Beginning Balance is reflective of the loan balance at the beginning of this reporting period

** Payments are applied based on your current investment elections
 For additional loan information, please visit www.TA-Retirement.com

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Investment Activity (For 1/1/07 to 3/31/07 Reporting Period)

Asset Class	Investment Choice	Future Election %	Beginning Balance	Money In*	Gains/Losses	Transfers	Money Out*	Ending Balance	% of Current Balance***
Lg/Mid Cap	Columbia Mid Cap Value Fund	5%	5,000.00	100.00	27.27	12.25	(90.91)	5048.61	8.93%
Income	Diversified Inv. Value & Income Ret Opt	10%	5,000.00	200.00	27.27	24.50	(90.91)	5,160.86	9.13%
Cash Equivalents	Transamerica Stable Value Advantage Option	10%	8,000.00	200.00	43.64	24.50	(145.45)	8,122.69	14.37%
Growth	American Funds Fundamental Investors Inv Opt	10%	3,500.00	200.00	19.09	24.50	(63.64)	3,679.95	6.51%
Growth	American Funds New Perspective Inv Opt	5%	2,000.00	100.00	10.91	12.25	(36.36)	2,086.80	3.69%
Growth	Diversified Investors High Yield Opportunities Ret Opt	5%	3,000.00	100.00	16.36	12.25	(54.55)	3,074.06	5.44%
Lg/Mid Cap	Fidelity Advisor Value Strategies Inv Opt	5%	2,000.00	100.00	10.91	12.25	(36.36)	2,086.80	3.69%
Cash Equivalents	JPMorgan Government Securities Ret Opt	5%	1,500.00	100.00	8.18	12.25	(27.27)	1,593.16	2.82%
Hybrid	Vanguard Target Retirement 2015 Ret Opt	25%	10,000.00	500.00	54.55	61.25	(181.82)	10,433.98	18.45%
Lg/Mid Cap	First Amer Small Cap Select Ret Opt	5%	2,000.00	100.00	10.91	12.25	(36.36)	2,086.80	3.69%
Lg/Mid Cap	Columbia Mid Cap Value Ret Opt	5%	5,000.00	100.00	27.27	12.25	(90.91)	5048.61	8.93%
Income	Diversified Inv. Value & Income Ret Opt	10%	5,000.00	200.00	27.27	24.50	(90.91)	5,160.86	9.13%
Cash Equivalents	Transamerica Stable Value Advantage Option	10%	8,000.00	200.00	43.64	24.50	(145.45)	8,122.69	14.37%
Growth	American Funds Fundamental Investors Inv Opt	10%	3,500.00	200.00	19.09	24.50	(63.64)	3,679.95	6.51%
Other	Dynamic	XX%	XXX.XX	XXX.XX	XX.XX	XX.XX	(XX.XX)	XXX.XX	X.XX%
Totals	100%		55,000.00	2,000.00	300.00	245.00	(1,000.00)	56,545.00	100%

* Money In - includes contributions, reallocated forfeitures, and loan repayments (if applicable) ** Money Out - includes distributions, withdrawals, and loans taken (if applicable) *** If your current balance percentage is out of sync with your future elections, it may be time to rebalance your investment choices on the www.TA-Retirement.com Web site

Balance Percentage by Asset Class†

16.31% Cash Equivalents

9.13% Bond

17.18% High Yield Bond

38.93% International/Global Bond

16.31% Hybrid

9.13% Large/Mid Value Equity

17.18% Large/Mid Blend Equity

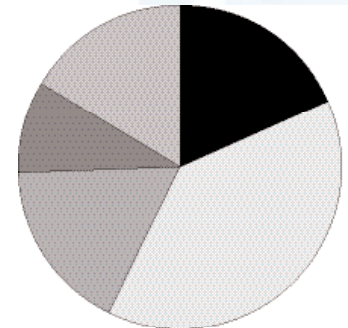
38.93% Large/Mid Growth Equity

16.31% Small Company Equity

9.13% Global Equity

17.18% International Equity

38.93% Specialty



† Excludes Transamerica Plan Plus® and Outside Assets (dynamic)

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Investment Performance

Investment Choice	Yearly total return (%)			Average annual total return (%)			Inception Date*
	This Qtr	Year to Date	1 Year	3 Years	5 Years	10 year or Since Inception	
Black Rock Global Securities Inv. Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	
Diversified Inv. Value & Income Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2005 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2010 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2015 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2020 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2025 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2030 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2035 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2040 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2045 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Vanguard Target Retirement 2050 Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
First Amer Small Cap Select Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Columbia Mid Cap Value Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	
Diversified Inv. Value & Income Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Transamerica Stable Advantage Option	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
American Funds Fundamental Investors Inv Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
American Funds New Perspective Inv Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Diversified Investors Special Equity Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
American Funds Balanced Inv Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
American Funds Growth Fund of America Inv Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Diversified Investors High Yield Opportunities Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
Fidelity Advisor Value Strategies Inv Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
JPMorgan Government Securities Ret Opt	X.XX	X.XX	X.XX	X.XX	X.XX	X.XX	mm/yy
SDBA or Outside Asset	N/A	N/A	N/A	N/A	N/A	N/A	mm/yy

Shading indicates an investment balance for this statement period.

* Investment choices with less than ten years of performance history.

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Important Notes

- **Importance of a well-balanced and diversified portfolio:** To help achieve long-term retirement security, you should give careful consideration to the benefits of a well-balanced and diversified investment portfolio. Spreading your assets among different types of investments can help you achieve a favorable rate of return, while minimizing your overall risk of losing money. This is because market or other economic conditions that cause one category of assets, or one particular security, to perform very well often cause another asset category, or another particular security, to perform poorly. If you invest more than 20% of your retirement savings in any one company or industry, your savings may not be properly diversified. Although diversification is not a guarantee against loss, it is an effective strategy to help you manage investment risk. In deciding how to invest your retirement savings, you should take into account all of your assets, including any retirement savings outside of the plan. No single approach is right for everyone because, among other factors, individuals have different financial goals, different time horizons for meeting their goals, and different tolerances for risk. It is also important to periodically review your investment portfolio, your investment objectives, and the investment choices under the plan to help ensure that your retirement savings will meet your retirement goals.
- **Right to direct plan investments:** The right to direct the investment choices under your plan is defined in your plan document. Please refer to your plan's Summary Plan Description (SPD) for a description of investment direction rights, limitations, or restrictions under your plan.
- **Permitted disparity:** Some plans incorporate permitted disparity (e.g., integration with Social Security benefits) into the formula for employer contributions. Please refer to your plan's SPD for a description of contributions offered under your plan.
- **Rights to additional information:** For additional sources of information on investing and diversification, the Department of Labor (DOL) provides information at the following Internet address: www.dol.gov/ebsa/investing.html
- Trading restrictions and/or redemption fees may apply to the investment choices. For additional information, view the investment fact sheets on www.TA-Retirement.com.
- If you have questions regarding your statement or notice a discrepancy, please notify Transamerica Retirement Services within six weeks of receiving your statement.
- Performance shown is average annual total separate account investment choice returns (except 3 months and year to date) for the period indicated, net of the total operating expenses of the separate account or underlying investment as listed on the individual investment fact sheets. Performance returns reflect reinvestment of dividends and capital gains distributions. Application of the contract asset charge and any discontinuance charges or service fees deducted from the account would reduce this return.
- Performance shown for the Transamerica Stable Value Option is the annual effective credited rate for the period shown. Application of the contract asset charge and any discontinuance charges or service fees deducted from the account would reduce this return.
- For separate account investment choices with graded administrative charges performance shown is net of the Investment Management Charge and of aggregated Administrative Charges which vary by account size.
- Past performance is not a guarantee of future performance. An investment in these investment choices is subject to market risk and an investor may experience loss of principal.
- For separate account investment choices invested in mutual fund shares, except as otherwise indicated, historical performance prior to the separate account investment choice inception is calculated utilizing past performance for the underlying mutual fund.
- Personalized Rate of Return (PRR) is provided to account holders as a general approximation of the overall recent performance of their account. It is calculated based on a formula which estimates the equivalent quarterly rate of return during the statement period, based on the opening balance, transaction activity and closing balance.
- Transamerica Retirement Services ("Transamerica"), a marketing unit of Transamerica Life Insurance Company ("TLIC"), 4333 Edgewood Road NE, Cedar Rapids, Iowa 52499, and other of its affiliates, specializes in the promotion of retirement plan products and services. This product is available from Transamerica Retirement Services under contract form number CNT-TLIC 10-05, a group variable annuity contract underwritten by TLIC. TLIC is not authorized in New York and does not do business in New York. Fees and charges may apply. For complete information, contact your Transamerica representative.
- Not FDIC insured. May lose value. No Bank Guarantee. For complete information, contact your Transamerica representative.
- For more complete information, including inception dates, performance notes, separate account-specific details, and name changes, please see the individual investment fact sheets available on Transamerica's Web site at www.TA-Retirement.com or call (800) 401-8726.

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